

DAILY MAGAZINE PAGES FOR EVERYBODY

Dr. Viola M. Coe Tells How to Care For Women Ousted By Reforms

Industrial Homes Needed for Inmates of Red Light Districts Who Are Made Homeless and Drift Back to Old Life.

Western Woman to Pledge to East the Votes of the Women of Those States Where Suffrage Has Been Accepted

This is to introduce to Washington Dr. Viola M. Coe, of Portland, Ore.

She needs no introduction west of the Mississippi. For twenty years she has been an active force in politics, in medicine, and in philanthropy.

She comes East to pledge Eastern women the undivided support of Western women who can vote. "Suffrage for all women first, party affiliation next," is her slogan.

Out in Portland she helped solve the segregated district problem. She has seen the minimum wage law and the eight-hour day law in actual operation. Her personality is as interesting as her career.

By J. R. McDERMOTT.

Dr. Viola M. Coe is a politician, a reformer, and a Westerner. She is proud of all three.

From those facts you will expect a "breezy" woman, "breathing" the atmosphere of the broad plains, clamoring for belated "rights" for her "down-trodden sex." All a reporter should have to do would be to sit by and eul the "pungent phrases" as they "fell from her lips."

Nothing of the sort. Sad disappointment and hard work for the reporter. No business of waving arms, clenched fists, stamping of dainty foot, feverish pleas for her "sisters."

Meaning that Dr. Coe is a quiet, extremely feminine woman, from the tips of her unsuifrage-like ostrich plumes right on down to, and including, her suede shoes. Nothing is likely to "fall from her lips" because she can keep her mouth shut to an unusual degree. And she declines to talk about the "pungent phrases" as they "fell from her lips."

Still there was plenty left. What to do with the "rescued women" after a "red light district" has been abolished, for instance.

Plan New Clean-up.

"Women are planning another clean-up in Portland," she said. "After that clean-up, I hope to have tried a plan I worked out after the first crusade against the 'red light' district there. I am speaking from experience we had with our 'open door' policy on that occasion. And one felt convinced that Dr. Coe would speak only from experience, or from some other equally convincing source."

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As Others View The Problem

WIDESPREAD has been the interest aroused by the series of articles written exclusively for THE WASHINGTON TIMES by Kate Waller Barrett upon the need of new community standards following the specialization of industry and changed social conditions.

Mrs. Barrett has long been connected with the National Florence Crittenton Mission, and has been a pioneer in sociological work. She has become known on two continents for her researches and studies, as well as for her motherly solicitude for the welfare of the unfortunate.

Hence, with the passage of the Kenyon act to eliminate the segregated district of Washington, her efforts in behalf of that measure became of general interest, and THE TIMES secured her consent to prepare the series, so successful in focusing public attention upon the individual responsibility for moral standards.

In reply came letters from almost every State in the Union and from men and women in every class of life. Some were in praise, while some criticized Mrs. Barrett's position. The very multitude of the letters forbids any attempt to print them, even in part. But Mrs. Barrett today sums up these letters and gives a few characteristic extracts.

By KATE WALLER BARRETT.

I wish that there was space sufficient for me to give in full the many letters I have received. These letters have come from almost every State in the Union and from men and women in every class of life. Some were in praise, while some criticized Mrs. Barrett's position. The very multitude of the letters forbids any attempt to print them, even in part. But Mrs. Barrett today sums up these letters and gives a few characteristic extracts.

Henry Herbert, board of city magistrates, New York city, who writes: "I have read with much interest your articles in THE WASHINGTON TIMES on the social evil in Washington, and I desire to compliment you on the stand you have taken against segregated vice. The known brothel is a standing invitation as a place of refuge and concealment for the unfortunate girl, who, after her first false step has not the courage to face home. To the young man in the critical stage of his development, the recognized brothel is to him an invitation to indulge in passions which might under other circumstances be conquered."

From the National Civic Federation has come the following: "I want to thank you for writing the splendid article, 'The Truth About White Slavery.' I also want to congratulate you on the splendid way in which you are handling the situation in Washington. All right-minded persons must feel a sympathetic interest in the work."

Cleaner Moral Standards. One of Washington's most prominent real estate men writes: "It takes courage sometimes to see things as they are and meet them face to face in a fight for right. Every man knows how these poor unfortunate girls are sold on the streets, and it is then a question of the tempted being strong enough to resist the tempter, which too often is not the case. May God bless you in your strong and steadfast attitude."

From one of Washington's most prominent physicians comes the following: "These girls need first and foremost to be taken care of physically. We can not expect that a solution of them to be able to adapt themselves to a new method of livelihood and of living. The life in the country is the ideal means of attaining a physical and moral rescue."

Thomas W. Twiner, professor of the University of Washington, writes: "I have read with much interest your articles in THE WASHINGTON TIMES on the social evil in Washington, and I desire to compliment you on the stand you have taken against segregated vice. The known brothel is a standing invitation as a place of refuge and concealment for the unfortunate girl, who, after her first false step has not the courage to face home. To the young man in the critical stage of his development, the recognized brothel is to him an invitation to indulge in passions which might under other circumstances be conquered."

Sympathetic Interest. One of the most important letters that has been received is from Judge

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biological sciences of Howard University, writes:

"I congratulate you upon the very instructive series of articles which you have been writing for THE WASHINGTON TIMES in the interest of public morals and public health. The subject of public morals, particularly those which deal with the commercial speculation may enter, needs a much more basic treatment than is given at the present time, and I am sure that your articles will lead to much good in this respect."

From Former Inmates. The following are typical of the letters received from former inmates of the segregated district:

"Women go where there is demand for their services. The poor working girl does not seek employment because she likes to work, but because there is a demand for her services and that service brings her the things which sustain life. Before I entered upon this employment or life, I was a maid in the family of a wealthy man in Boston, Mass. I played the part here of the poor working girl for two years. To be sure, I lived; had enough to eat and to wear, but that was all. Finally, the inhumanity of the place got on my nerves and I began to seek company of a more jovial kind, and drifted into immorality. I could tell much of this life that would correct many erroneous ideas and the information that the public would like to get, but it seems the press will not give the facts."

"The woman in the red light district does not need sympathy or help from the outside. She is compelled to work twelve or sixteen hours a day for an irascible woman, who only thinks of herself. There is not enough kindness in this world, but I can say some of it is found in every walk of life, and sometimes where you expect kindness you get nothing but the iron hand. The real fact in the whole matter is, there is a demand for women in this business, and as nature never makes any change, it is a sure prospect that there will be no end to the 'district,' but it may change its environment."

Vanity and Dress. "Sixteen years ago one store and office girl in a hundred augmented her weekly pittance by a friendly relationship with a man, while there are now more likely ninety-five out of every hundred whose furs and silks come from some illicit liaison. In your protected atmosphere of age and environment you can calmly reason on the problems of life, but in the presence of the everlasting craze for dress and other forms of high living, you know nothing of the actual condition. Vanity must have its expression in dress—honest self-esteem means dress, dress. Where is it to come from?"

From another prominent physician of Washington: "It does not require any argument to say that the Florence Crittenton Mission is the logical and the only solution of the problem. The general attitude toward these girls is unfortunate, for they represent only one-half of the evil complained of yet they are compelled to bear the full burden of the penalty. It is the duty of the community to exercise the greatest

From a prominent clubman of the South comes the following: "Beautiful reading and editing in a literary sense. I am being benefited daily in that respect, because I am not personally concerned in the doctrine they teach, and that the motives that prompt them are pure and unselfish no sane man could doubt. But you must pardon me for disagreeing with you as others of your friends and admirers do. Dream on, fair dreamer!"

The Limit. The maid-of-all-work in the service of a provincial family, the members whereof are not on the most amicable of terms, recently tendered her resignation, much to the distress of the lady of the house.

"So you are going to leave us?" asked the mistress, sadly. "What's the matter, Mary? Haven't we always treated you like one of the family?" "Yes, mum," said Mary; "an' I've stood it as long as I'm goin' to!"—Tit Bits.



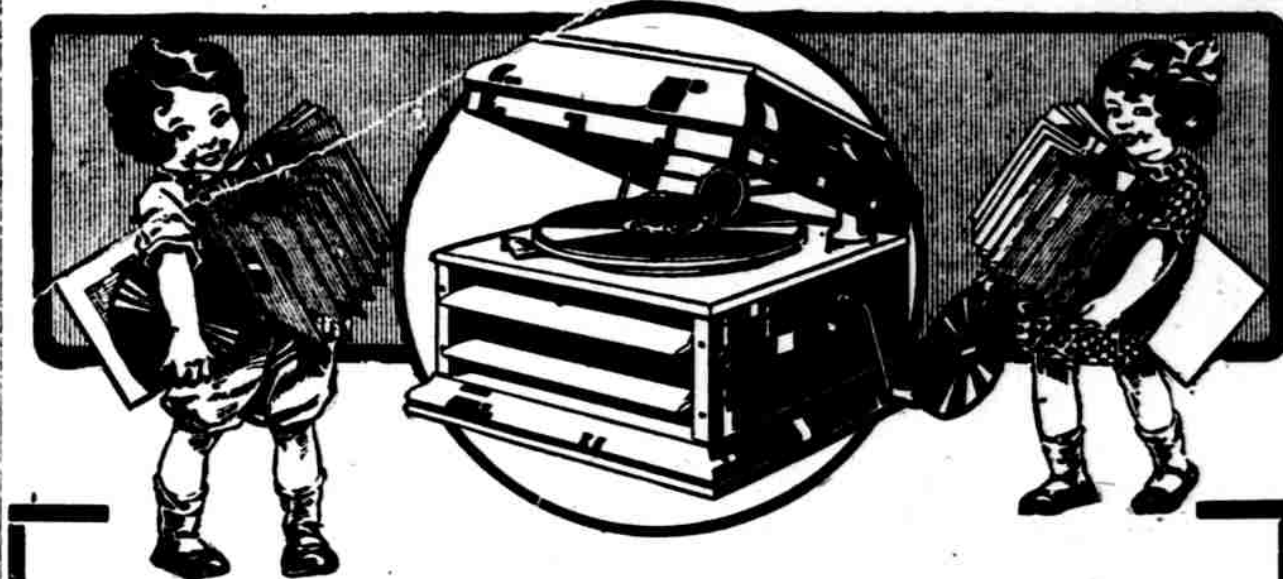
MRS. KATE WALLER BARRETT

trust and charity toward them for their uplift and deal patiently with all who desire a chance of life. "In connection with this, and all other reforms, there remains one fact that is strongly ignored or overlooked, that is, that in the sight of God these girls are in no worse a plight than the rest of us who are in the daily practice of violating one or more of the Ten Commandments. The onus should not be placed upon the girls alone, the man should equally fall under the law, and until this is recognized and acted upon the evil will be with us continually, and if not openly, it will be sub rosa."

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The records comprise 40 different pieces of music, on 20 Columbia Double-Disc records—also two portfolios to hold them, and a thousand needles.

You can make your own selection, if you desire, because you have a thousand records of the standard 65-cent series in the Columbia catalog from which to make up your list of twenty.

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Your Child's Luncheon—Do You Give It Thought?

Good Food at Midday Means a Saving in Doctor Bills

(Copyright, 1914.)

MRS. CHRISTINE FREDERICK.

DURING the last few years, an extensive movement has arisen which has for its object the providing of free lunches to school children. It has been proved over and over again that only reason why some children are restless, inattentive, and disobedient is because they lack proper food and nourishment.

The problem of school lunches is not confined to districts of the poor alone, for it is quite as true that often the children of well-to-do parents suffer from malnutrition, or patronize the street vendors near the school building.

Passing a public school at the lunch hour a few days ago, I saw the children stream out and many and many a boy exclaiming "Penny for a stale pretzel, a chunk of unwrapped chocolate, or even a 'hot dog.'"

It was estimated that last year some \$200,000 was spent by children for lunches on the street.

Now the proper preparation of the lunch for the school child is a responsibility which no mother can shirk. Since lunchrooms under auspices of the school are generally found only in high schools, the question is narrowed down to the lunch for the grade school child.

Your child is growing at this age, and needs a quantity of muscular building food. As it is winter, he needs resistance to the cold weather, and must have plenty of heat-producing or starchy food. In order to keep his blood and teeth in good condition, he needs a quantity of fruit and mineral supplying elements. He also needs a large supply of sugar in some form.

If your child comes home to lunch,

You should see that his lunch supplies all these elements. It is far better to give him a really hearty, substantial noon lunch than it is to offer him a "picnic" and allow him to have another "pick-up" at a school when he returns from school. As a rule, children eat too little breakfast, especially if there is hurry about getting to school in time, and the noonday meal is hygienically the one which should be the heaviest and most wholesome.

Your child's health depends on what he eats. His ability to study and successfully master his work depends fully as much on his health and what he eats. So it is of vital importance that his meals be sufficiently substantial and contain the right elements.

If you do your duty as a mother in this respect, though he will not admit next year on pretzels and candy and peanuts in one city alone. A normal satisfied child does not crave additional or really un-nutritious articles of diet. It may take a little extra time from your bridge party or your shopping trip, but it may mean a few less doctor bills and a stronger child, who makes more headway with his lessons.

SUGGESTIONS FOR CHILDREN'S LUNCHES.

Vegetable Soup, with Eggs, Baked Potato, Baked Apple, Cream Celery, or Potato Soup, Peanut Butter Sandwiches, Raisin Bread Pudding, Cocoa, French Toast and Syrup, Chocolate Corn Starch, Banana Coffee, Creamed Canned Salmon or Fresh Fish, Boiled Rice, Cup Custard, Cocos.

established premise. Still no evident enthusiasm. Only a cold, plain statement of facts.

"At that time the women of the city established homes for these outcasts. That idea was well as far as it went. But the girls had nothing to do. In most cases they were not trained to do anything. So they drifted to other cities, and back to their old life."

"I am convinced that industrial homes are needed for these women. When we take away their mode of living we must give them an occupation in its place. If it is possible, I want these industrial homes established after the clean-up the women are going to make in Portland of the dens that have sprung up since the last campaign."

Home For Unemployed. But the philanthropic work of which Dr. Coe is most proud is, not her efforts in rescuing fallen women, but her service in behalf of keeping young women straight. Before the Y. W. C. A. had invaded the West, she founded a home for unemployed women in Portland, teaching girls ways to earn a living, and affording

them every home protection while they were doing so. Afterward the institution she founded was merged with the Y. W. C. A.

In addition to her philanthropic and political work, Dr. Coe has an enviable professional record. She now is president of the Morningstar Hospital, and has kept up a large private practice.

"The women of Oregon and Washington, having obtained the vote, are ready to help those States where the privilege has not yet been granted. Our immediate concern is to put Montana and North Dakota in the 'votes for women' column. And the women of the West do not intend to ally themselves with any party until the women in the East get the vote. We want to preserve our political unity until this suffrage issue is settled."

Dr. Coe too has a leading part in the automobile and street meeting campaign that gave Portland its completion government.

Women Deserve Credit. "Women deserve the credit for getting this new form of rule in Portland," she said. "It also was the women who elected Mayor Albee, who now is so successfully working out the problem of putting the municipal government on a new basis."

"He is not primarily a 'reform' mayor. We did not try to elect a sensational man. We tried to get an able man. He has worked quietly and effectively with the details of the big job before him. We can point to nothing he has done to get into the limelight. But we can point to a smooth running municipal machine despite the change of motive power."

With Colors Flying. "We had the same trouble with adjusting the eight-hour law that your city is now going through," Dr. Coe said. "We came out with flying colors, and the law has vindicated itself in the eyes of the great majority of employers. Certainly it is a boon to the workers."

"Neither have we had any difficulty with the minimum wage law."

HAD I KNOWN THAT THE DISTRICT WAS INTERESTED IN WAGE LEGISLATION I WOULD HAVE COME ARMED WITH THE EIGHT HOUR LAW

I will not discuss the exact provisions of either of these laws without having them before me. Had I known when I started that they were of interest in the National Capital I should have been armed. "But I will say that the minimum wage law has not thrown any persons out of employment permanently, nor organized any bread lines. The minimum wage law now is pronounced as great a success as the eight-hour law."

Dr. Coe came to Washington to discuss plans for the International Council of Women Voters to be held in San Francisco next year.

Was Council Delegate. She was a delegate at the National Council held here last August. She is State president of the Oregon Equal Suffrage Association. And she was named by Governor Weir as delegate to the world suffrage conference at Budapest last July.

Primarily, Dr. Coe appeals to one as a woman, who might be expected to shrink from the publicity that suffrage campaign entails. After a few minutes conversation, her keen, cool and sane of facts brings out her scientific bent, but at no stage does she "bubble over" with the average suffragist's enthusiasm.

In the immortal words of Artemus Ward, she does not "blop over."



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